

Neighbourhood Watch

November 2020 Bulletin



Domestic Violence

As you may know, the Galbraith Drive Neighbourhood Watch was struck by tragedy when Watch member Belynda Cleland was allegedly murdered in a domestic violence incident last month. Our Neighbourhood Watch community was shaken and is committed to preventing further tragedies as much as possible.

We ALL have a part to play in the following:

- Educating yourself and those around you - Education can come in the form of doing research or simply being open and listening to the experiences of those around you.
- Encouraging transparency and healthy conversation - conflict and violence can emerge as a result of emotional suppression. Demonstrate transparency and create a space where those around you can express themselves in a healthy manner.
- Working with community organizations - whether working equity boards at your children's schools or local shelters, these can all help your understanding of the issues and in demonstrating allyship.
- Being a positive role model within the home - parents, siblings, guardians all have a part to play in encouraging positive relationships as well as demonstrating any of the above points to those around them.



These tips are just the starting point for ways that we can change the culture surrounding domestic violence and aim to prevent violence. For more information on how this change starts with you, please visit the White Ribbon Canada's It Starts With You website at: <http://www.itstartswithyou.ca/>



Resources



1 in 3 women and girls have experienced some form of assault in their lifetime, Victims may find it difficult to find support, but there are many organizations and resources available throughout Peel, which are listed below.

Local resources available throughout Peel:

Health & Social Services: Crisis Lines:

[Women Centre of Peel](#)

[Angela's Place](#)

[Hope 24/7](#)

[Family Services of Peel](#)

[The John Howard Society](#)

[Trillium Health Partners](#)

[Interim Place](#)

[Assaulted Women's Helpline](#)

[211 Ontario Helpline](#)

[Talk4Healing](#)

[LGBT Youth Line](#)

[Senior Safety Line](#)

Sexual Harassment:

[Ontario Government](#)

[Steps to Justice](#)

Shelters:

[Shelters in Ontario](#)

[Interim Place](#)

Legal Aid:

[Legal Aid Ontario](#)

Women's Help:

[Canada's Women Foundation](#)



Any form of violence can affect the safety of a community and the wellbeing of families. Neighbourhood Watch members are encouraged to utilize resources when needed. Discouraging violence takes a community effort and NW members can be leading role models in that effort.



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